



Membership



Membership Has Its Privileges

Single \$50 | Couple \$95

- Access to all FREE programs
- Preferred member pricing on ALL in-house programs
- Exclusive rates for outings and special events
- Discounts for select community organizations

Registration for membership is being moved to March. Current members enjoy 5 months for FREE!

Drums Alive!

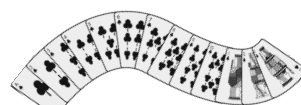
\$82 members \$104 non-members
12 Classes

Tuesdays at 4:00 PM
Class run April 7- June 23

Drop in \$10 member \$15 non-members
prorated registration anytime



Canasta



Tuesday at 1:00 PM

Free for members
\$5 drop-in non-members

Mahjong



Tuesday at 1:00 PM

Free for members
\$3 drop-in non-members

OUTINGS

Monthly Movie Matinee

Last Thursday/Friday of the month at Grant Park Theatre.
Date & Time TBA

Winnipeg Jewish Theater RIDE

April 23 Matinee
\$20 Members
\$36 Non Members
Transportation \$20

Upcoming Prices are TBA

Goldeyes May 21
Chai Folk Ensemble May 31
Seabears June 18

BETTER ACCESS TO GROCERIES

\$10



Pick Up Dates

April 19, June 17 June 21

Orders due the Monday before the pick up date

3-1050 Leila Avenue

\$10 for a bag of seasonal fresh produce

Contact (204) 960-3033
sevenoaksbag@gmail.com

FOOD ACCESS BUS F.A.B.



FREE BUS TO FRESHCO.

1st Tuesday of The Month
April 7, May 5
June 2

THE BUS WILL STOP AT
959 LEILA AVE.
535 LEILA AVE
133 MATHESON
300 TEMPLETON



Gwen Sector
Creative Living Centre
at Syd Glow Place

SERVES SENIORS AND PEOPLE OF ALL AGES
MEALS DELIVERED TUESDAY- FRIDAY

APPLICATIONS AVAILABLE
WWW.GWENSECTER.COM
CONTACT VANESSA (204) 339-1701
INFO@GWENSECTER.COM



EMERGENCY RESPONSE INFO KIT

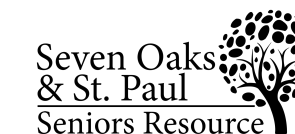


E.R.I.K. KITS

STICK IT TO YOUR FRIDGE

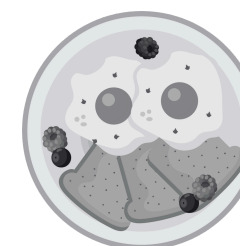
E.R.I.K TELLS FIRST RESPONDERS YOUR MEDICAL HISTORY, MEDICATIONS, ALLERGIES AND EMERGENCY CONTACT WHEN YOU CAN NOT SPEAK FOR YOURSELF

FREE LIFE SAVING TOOL AVAILABLE AT GWEN SECTER



SEVEN OAKS/ST PAUL BRUNCH CLUB

Canad Inns Alto's
2100McPhillips
9:30-11:00am



April 12- Canada Revenue Agency

May 4th- Hearing Connect

June 1- Games Day

Free Drop Off Income Tax Service

February 23 – May 15 Mon- Fri 8:30-4:30
Health and Social Services Unit 3-1050 Leila

Complete And Sign TAX INFORMATION SHEET

Put In A Sealed Envelope With YOUR TAX PAPERS AND RECEIPTS



Family Income Eligibility

1 person \$45,000
2 People \$60,000

You are NOT Eligible

- *Self Employed *Rental Property income
- *Are filing for a deceased person
- *Have 100,000 worth of foreign Property
- *Have more than \$1000 Interest Income

Larry Remis

SPEAKER'S FORUM LUNCHEON

Starting May 7
Thursdays at 11:45
\$20 per person
Contact Sandra at
(204) 888- 8209 to register



Members

CANADA DAY BBQ
June 26th
12:00-2:00

Call (204) 339-1701 to Register



Gwen Sector Creative Living Centre gratefully acknowledges the continued support from the following



JEWISH FOUNDATION OF MANITOBA



Winnipeg Regional Health Authority
Office régional de la santé de Winnipeg

Beneficiary Agency of the Jewish Federation OF WINNIPEG



Please note we will be closed: Jan 1 April 2,3,8,9 May 18, 22, July 1 Sept 7, 11 Nov 11 Dec 25

1588 Main Street

204-339-1701

www.gwensecter.com

Gwen Secter Creative Living Centre Wednesday Lunch Program

| | | | |
|--|---|--|---|
| April 1 and 8th CLOSED FOR PASSOVER | APRIL 15 Bean and Barley Soup, Hotdog, Coleslaw | April 22 Minestrone Soup, Potato Verenikas and Tossed Salad | April 29 Pea Soup, Sweet and Sour Meatballs, Potatoes and Veggies |
| | Stradbrook Ave Choir | Muisc with The Marvelles | Sing-a-long with Cal |
| May 6 Bean and Barley Soup, Buttermilk Kugel and Salad | May 13 Lentil Soup, Hot Turkey Sandwich with Coleslaw | May 20 Vegetable Soup, Gefilte Fish with Sweet Potato, Cucumber and Tomatoes | May 27 Pea Soup, Hamburgers, fries and Coleslaw |
| Music with Tim Osmond | Jewish Heritage Centre of Western Canda | Music with Bob Fluery | Master Gardeners of Manitoba Presentation |
| June 3 Bean & Barley Soup, Cheese Pizza and Tossed Salad | June 10 Pea Soup, Spaghetti with Meat Sauce and Veggies | June 17 Minestrone Soup, Tuna Patty, Rice and Veggies | June 24 Lentil Soup, Roasted Chicken, Veggies Potatoes |
| Historical Elegant Houses Presentation | Just Hang Up with the Police Department | Music with Kevin McIntyer | Presentation by Indigenous Health WRHA |
| Canada Day BBQ Friday June 26 12:00-2:00 | Entertainment and menu subject to change without notice Luncheon 11:30-2:30 PM Price: \$15 M \$25 NM Transportation: \$10 M \$20 NM | | |
| | Adult Day Club 9:30-2:30 PM Price: \$35 M \$45 NM | | |

Program guide available at www.gwensecter.com

COMMUNITY DIRECTORY:

A&O: Support for Older Adults

Specialized services for older Manitobans.
200 - 280 Smith St. | (204) 956-6440

Transit Plus Winnipeg

Transportation for people with mobile impairments.
Unit B - 414 Osborne St. | (204) 986-5722

Kosher Meals on Wheels

Meals delivered in the Winnipeg area.
1588 Main St. | (204) 339-1701

WRHA Home Care Intake

Winnipeg Regional Health Authority .
4th Floor, 650 Main Street | (204) 788-8330
www.wrha.mb.ca/

Meals on Wheels

Meals delivered in the Winnipeg area.
174 Hargrave St, Winnipeg MB R3C 3N2
(204) 956-7711
www.mealswinnipeg.com

Seven Oaks/ St. Paul Seniors Links

Connects seniors to community programs and services.
1588 Main St. | (204) 339-1701
sevenoaksseniors@gwensecter.com

Jewish Child and Family Service

Older Adult Services.
Suite C200 - 123 Doncaster St. |
(204) 477-7430

Home Maintenance Program

hmprogram@gnalc.ca | (204) 806-1303

Jewish Community Seniors Concierge

(431)-877-8541

211

Connect to community resources.
www.mb.211.ca | Call 211

Access Centre West St Paul

48 Holland Rd
www.Weststpaul.com | (204) 336-0294



winnipegkinsmen



KINSMEN OF WINNIPEG



**KIN KAR 2026
CAR RAFFLE &
50/50 DRAW**



SUPPORT GWEN SECTER DIRECTLY
WHEN YOU SCAN THE QR OR VISIT
THE WEBSITE

50/50 DRAW RAFFLE
1 FOR \$10 1 FOR \$10
5 FOR \$20 3 FOR \$20
25 FOR \$50 10 FOR \$50
100 FOR \$100 30 FOR \$100

DRAW DATE JUNE 22 2026

WWW.RAFFLEBOX.CA/KINSMENWINNIPEG